

# Lunch Menu - October 2011

Monday	Tuesday	Wednesday	Thursday	Friday
3 Beef-a-Roni Sweet Peas Salad Cup Peaches Whole Wheat Roll Milk Choice <b>Choice:</b> Mandarin Chicken Salad OR Pizza	4 Hot Dog w/ Chili Baked Beans Salad Cup Pineapple Chunks Caribbean Jell-O Cup Mayo/Mustard/Ketchup Milk Choice <b>Choice:</b> Chicken Caesar Salad OR Baked Potato w/ Memphis BBQ	5 Smacker Chicken Macaroni & Cheese Green Beans w/ Potatoes & Bacon Salad Cup Red Apple Wedges Whole Wheat Roll Milk Choice <b>Choice:</b> Greek Tomato Salad OR BLT Po-boy	6 Turkey & Gravy Steamed White Rice Sweet Potato Casserole Spinach Salad Cup Blushing Pears Whole Wheat Roll Milk Choice <b>Choice:</b> Taco Salad OR Hamburger	7 Pizza Steamed Italian Vegetable Medley Caesar Salad Cup Frozen Strawberry Fruit Bar Whole Wheat Cookie Milk Choice <b>Choice:</b> Waldorf Salad OR Cheesy Breadsticks w/ Marinara Sauce
10 Red Beans w/ Sausage White Rice Steamed Cabbage Salad Cup Diced Peaches Kick'n Cornbread Milk Choice <b>Choice:</b> Mandarin Chicken Salad OR Pizza	11 Hamburger on Bun Cheese Slice French Fries (Baked) Lettuce/Tomato/Pickle Cup w/ Thin Sliced Red Onion Mayo/Mustard/Ketchup Red Grapes Milk Choice <b>Choice:</b> Chicken Caesar Salad OR Baked Potato	12 Soft Whole Wheat Taco Mexican Corn Taco Salad Cup Honey Dew Melon Cup Cake Milk Choice <b>Choice:</b> Greek Tomato Salad OR BLT Po-boy	13 Honey Citrus Chicken Lo Mein Noodles Steamed Broccoli Salad Cup Pineapple Mini Egg Roll Milk Choice <b>Choice:</b> Taco Salad OR Hamburger	14 Corn Dog Macaroni & Cheese Green Beans Salad Cup Raisins Pomegranate Jell-O Milk Choice <b>Choice:</b> Waldorf Salad OR Cheesy Breadsticks w/ Marinara Sauce
17 Chicken Strips Garlic Mashed Potatoes Peas Salad Cup Red Apples Whole Wheat Roll Milk Choice <b>Choice:</b> Mandarin Chicken Salad OR Pizza	18 Tamale Pie Dippin' Chips Baby Carrots w/ Ranch Dressing Salad Cup Blueberry Dream Pie Milk Choice <b>Choice:</b> Chicken Caesar Salad OR Baked Potato w/ Memphis BBQ	19 Spaghetti w/ Meat Sauce Steamed Cauliflower Spinach Salad Cup Strawberry Fruit Bar Whole Wheat Garlic Breadsticks Milk Choice <b>Choice:</b> Greek Tomato Salad OR BLT Po-boy	20 Memphis BBQ on Bun Seasoned Potato Wedges Confetti Coleslaw Red Grapes Whole Wheat Cookie Milk Choice <b>Choice:</b> Taco Salad OR Hamburger	21 Whole Grain Beefy Nachos Cheese/Salsa/Jalapeño Steamed Broccoli Nacho Salad Cup Cantaloupe / Yogurt / Granola Milk Choice <b>Choice:</b> Waldorf Salad OR Cheesy Breadsticks w/ Marinara Sauce
24 Chicken Quesadilla Spanish Rice Jicama Corn Salad Fruity Applesauce Milk Choice <b>Choice:</b> Mandarin Chicken Salad OR Pizza	25 Beef Cutlet w/ Gravy Mashed Potatoes Lima Beans Salad Cup Diced Peaches Whole Wheat Roll Milk Choice <b>Choice:</b> Chicken Caesar Salad OR Baked Potato	26 Chicken & Pasta Parmesan Marinara Sauce Steamed Italian Vegetable Medley Caesar Salad Cup Pears Whole Wheat Garlic Stick Milk Choice <b>Choice:</b> Greek Tomato Salad OR BLT Po-boy	27 Turkey & Sausage Jambalaya White Beans Salad Cup Bananas Whole Wheat Roll Milk Choice <b>Choice:</b> Taco Salad OR Hamburger	28 Fish Nuggets Macaroni & Cheese Confetti Coleslaw Frozen Grape Fruit Bar Whole Wheat Roll Milk Choice <b>Choice:</b> Waldorf Salad OR Cheesy Breadsticks w/ Marinara Sauce

<p>31</p> <p>Grilled Cheese Sand-Witch  Broomstick Vegetable Soup  Ghoulish Green Salad Cup  Pitter Patter Peaches  Candy Corn Sugar Cookie  Milk Choice  <u>Choice:</u>  Mandarin Chicken Salad OR Pizza</p>				<p><b><u>Notification Statement</u></b>  Peanuts and Peanut Butter are not purchased for meals produced by the Baton Rouge Diocese Child Nutrition Program. However, some products served may contain nuts, may be produced in plants that use nuts and may contain traces of nuts.</p>
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NOTE: Menus subject to change.