

**2008-09 SACRED HEART SCHOOL UNIFORM POLICY**  
**SHS GIRLS**

- Smockdress:** (PreK and Kindergarten) Plaid fabric with white collar; to be worn with matching plaid bloomer shorts. Required as dress uniform.
- Jumper:** (1st-5th grades) Plaid fabric; to be worn with woven blouse (dress uniform). May be worn without blouse March 2 to October 31. Plaid jumper shorts or navy knit shorts must be worn under jumper. Must not be shorter than 4" above knee when kneeling. Required as dress uniform for grades 1-5.
- Skorts:** Junior High Only - Plaid fabric. Must be no shorter than 4" above the knee when kneeling. Required as dress uniform for Junior High.
- Walking Shorts:** (All grades) Plaid fabric. Must be no shorter than 4" above the knee when kneeling.
- Pants:** Solid navy fabric. Pleated front, back zip style. (Optional during cold winter months) Purchased through designated vendors.
- Knit Shirts:** White poly/cotton pique knit polo style or poly/cotton jersey polo style, screened with Sacred Heart logo. This shirt may be worn with walking shorts and skort. Must be tucked in at all times. White poly/cotton jersey banded style screened with Sacred Heart logo for grades 6-8.
- Woven Blouses:** White poly/cotton blend oxford cloth blouse, short or long sleeved, with pointed collar, screened with Sacred Heart logo on pocket. This blouse is worn under jumper November 1 to March 1. It may be worn with shorts, pants or skort and must be tucked in at all times. Required with dress uniform for grades 1-8.
- Undershirts/  
Camisoles:** Plain white camisoles or plain white v-neck undershirts may be worn under knit shirt or woven blouse for warmth. Undershirts should not be oversized and sleeves should not hang below shirt sleeves.
- Socks, Legwear:** Solid white mid-calf crew socks with no logo or SHS ankle socks only sold through SHS Home and School Association. White or navy opaque tights may be worn in very cold weather.
- Shoes:** Leather shoes in navy, brown, or black; tennis shoes in white, navy, or black. Tennis shoes can be trimmed in either white, navy, or black or gray. No shoes with cartoon or Disney characters. Shoestrings must be tied. No boot styles or sandals. Shoes must have a back—no slip on shoes allowed.
- Hair Accessories:** Uniform plaid, navy, gold/yellow, and/or white bows or barrettes.
- Sweatshirt:** Navy Sacred Heart School logo sweatshirt only, purchased through designated vendor, or the SHS hooded zipper sweatshirts sold by the school's Athletic Department. No other sweatshirts are to be worn on the school campus. Sweatshirts are not to be tied around the waist.

- Light Jackets/  
Sweaters:** Solid navy worn indoors or outdoors. Sweaters should be v-neck or cardigan styles. No blue jean jackets; no denim. **NO OTHER LIGHTWEIGHT JACKETS OR SWEATERS ARE TO BE WORN ON THE SCHOOL CAMPUS, INDOORS OR OUTDOORS.** SHS team jackets are not to be worn during school hours. Jackets or sweaters are not to be tied around the waist.
- Heavy Outer Coats:** Any color; to be worn outdoors only.
- Jewelry:** Girls are allowed to wear a watch, one pair of small post earrings worn on the lower earlobes only (nothing below earlobes), one ring, & one chain with a religious medal or cross. No other necklaces or symbols are to worn.
- Make-up:** No make-up, nail polish or artificial nails are allowed.
- Other:** No body piercing or tattoos allowed.
- Hair:** Dyed, bleached, highlighted or tinted hair not allowed. No artificial hairpieces, hair extenders, or added braids are allowed. Hair must have a dry appearance. If student's hairstyle is questionable, parents will be notified.
- Booksacks:** All students are required to carry books to and from school in a book sack or backpack.

### **SHS BOYS**

- Pants or Shorts:** Poly/cotton blend solid navy twill uniform pants or shorts. Other brands/styles (i.e. Dockers, Duckhead) will not be allowed. Pre-K and Kindergarten boys' shorts and pants are to be elastic-waisted. They should not be wearing belts. Long pants are required as dress uniform.
- Knit Shirts:** White poly/cotton pique knit polo style or poly/cotton blend jersey polo style, screened with Sacred Heart logo. **Must be tucked in at all times.**
- Woven Shirts:** Jr. High Only. White poly/cotton oxford cloth buttoned front shirt, long or short sleeved, with Sacred Heart logo screened on pocket. **Must be tucked in at all times.**
- Undershirts:** Solid, plain white only. Undershirt sleeves may not extend from beneath uniform shirt sleeves.
- Belts:** Navy, brown, or black leather with simple buckle. Belts must be worn at all times in grades 1-8.
- Socks:** Solid white mid-calf crew socks with no logo or SHS ankle sock only.
- Shoes:** Leather shoes in navy, brown or black; tennis shoes in white, navy, black, or gray. Shoes with cartoon or Disney characters are not appropriate uniform shoes. No light-up tennis shoes are allowed. Shoestrings are to be tied. No boot styles or sandals. Shoes must have a back—no slip on shoes are allowed.
- Sweatshirt:** Navy Sacred Heart School logo sweatshirt only, purchased

through designated vendors, or SHS hooded zipper sweatshirts sold by the school's Athletic Department. No other sweatshirts are to be worn on the school campus. Sweatshirts are not to be tied around the waist.

**Light Jackets/Sweaters:** Solid navy worn indoors or outdoors. Sweaters should be V-neck or cardigan. No blue jean jackets; no denim. **NO OTHER LIGHTWEIGHT JACKETS OR SWEATERS ARE TO BE WORN ON THE SCHOOL CAMPUS, INDOORS OR OUTDOORS.** SHS team jackets are not to be worn during school hours. Jackets and sweaters are not to be tied around the waist.

**Heavy Outer Coats:** Any color; to be worn outdoors only.

**Jewelry:** Boys are allowed to wear a watch, one ring, and one single chain with religious medal or cross. No other chains or symbols are to be worn. No earrings.

**Other:** No body piercing or tattoos are allowed.

**Hair:** Boys' hair is to be worn in a traditional cut, above the collar, to the top of the eyebrows, over the tops of the ears. No bushy styles. No shaved lines, tails, designs, weight lines, undercuts, shaved heads, or corn row braiding allowed. Dyed, bleached, highlighted or tinted hair is not allowed. Hair must have a dry appearance. If student's hairstyle is questionable, parents will be notified. Boys must be clean-shaven at all times. No thick sideburns or sideburns past the earlobe and no facial hair allowed.

**Booksacks:** All students are required to carry books to and from school in a book sack or backpack.

### **P. E. UNIFORMS**

**Grades PreK-4th:** Regular school uniforms worn for P.E. Tennis shoes must be worn on P.E. days.

**Grades 5th-8th:** Purchase uniforms sold by the school. Tennis shoes must be worn on P.E. days.

### **FREE DRESS DAY SCHEDULE AND CODE**

Free dress is an optional privilege for students on specified days. If your child chooses not to participate, he/she is to wear the school uniform. In addition to the days listed below, students may be allowed other free dress days determined by the principal or their teacher for field trips, special class theme days, or reward days. In such cases, you will be notified of what is appropriate dress.

Free Dress Days are described below.

**Halloween:** Orange and/or black solid or theme shirts & accessories; long blue or black jeans or pants or Sacred Heart uniform shorts. Khaki pants or neat long overalls will also be allowed.

**Christmas Tree Decorating/Sing-along:** Red and/or green solid or theme shirts and accessories; long blue, black, or white jeans or pants. Khaki pants or neat overalls will also be allowed.

**Valentines Day:** Red and/or white solid or theme shirts and accessories with long blue or black jeans or pants. Khaki pants or neat overalls will also be allowed

**St. Patrick's Day: Green and/or white solid or theme shirts and accessories with long blue or black jeans or pants. Khaki pants or neat overalls will also be allowed.**

**Mardi Gras Parade Day: Purple, green and/or yellow solid or theme shirts and accessories; long blue or black jeans or pants. Khaki pants or neat overalls will also be allowed.**